



NEWS RELEASE

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When Spring Cleaning Calls For More Than a Maid

As clean as they might seem to our eyes, many of our homes retain energetic imprints from previous occupants that can affect our lives. So says author Sheldon Norberg in his new book, ***Healing Houses - My Work as a Psychic House Cleaner***. For the last 20 years, Norberg has made a career of ridding homes of unwanted energy, primarily related the deaths of prior inhabitants, but also from remnant feelings of divorce, disease, drug abuse and violence.

[Watch an interview with Sheldon Norberg on WVIT-TV](#)

Norberg is quick to downplay the weirdness of his work, focusing more on the physics of how we affect the world, and each other, with our emotions. “More and [more research](#) is investigating how we affect the world with our thoughts and emotions, and finding that we do in a variety of ways. As unnerving as it is for a rationalist like me, my work has indicated both that we leave a trail behind us *and* that it can be erased.” [Read a testimonial from house client.](#)

Healing Houses conveys a tremendous emotional and spiritual impact, and while Norberg himself remains very low-key about his psychic talents, as an author, he maps out a sophisticated metaphysical perspective. Along with dozens of his case studies, ***Healing Houses*** presents a global overview of house healing practices, as well as house healing basics for readers.

Sheldon Norberg has pursued a lifelong interest in consciousness, beginning with Transcendental Meditation at the age of ten. He designed his own B.A. program in ***Psycho-Spiritual Healing*** at San Francisco State University, and works as a clairvoyant, hypnotherapist, and a non-denominational minister. Norberg’s work has been featured in such media as *The New York Times*, *New York Magazine*, *Booklist*, and *The San Francisco Chronicle*.

To schedule an interview with Sheldon Norberg, contact Don Stewart, publicist at North Mountain Publishing - PR@NorthMountain.com Phone (415) 425-3664

For complete information, come to www.HealingHouses.com